

# PAC Tour presents Vermont Tours for 2014

Each week the tour will begin on Saturday in Burlington, Vermont at the Best Western Windjammer Inn.

## Week One The Northeast Kingdom and the White Mountains Itinerary

DATE	START	FINISH	MILES	CLIMBING
7/12/2014	Arrive in Burlington	Check In	Ride to Ben and Jerry's for Ice Cream**	
7/13/2014	Burlington	Jay	78	4700'
7/14/2014	Jay	Jay	98	5000'
7/15/2014	Jay	Colebrook	85	4700'
7/16/2014	Colebrook	Bretton Woods	106	4000'
7/17/2014	Bretton Woods	Stowe	106	5500'
7/18/2014	Stowe	Burlington	80	3000'
7/19/2014	Depart for home or stay over for another week!			

553 miles 92 average per day 26,900' of climbing averaging 4,483' per day

## Week Two Lakes and the Seaway Itinerary

DATE	START	FINISH	MILES	CLIMBING
7/19/2014	Arrive in Burlington	Check In	Ride to Ben and Jerry's for Ice Cream**	
7/20/2014	Burlington	Lake Placid	100	7000' *
7/21/2014	Lake Placid	Old Forge	100	3000'
7/22/2014	Old Forge	Sackets Harbor	75	2000'
7/23/2014	Sackets Harbor	Odgensburg	86	1700'
7/24/2014	Odgensburg	Malone	76	1300'
7/25/2014	Malone	Burlington	76	3700'
7/26/2014	Depart for home or stay over for another week!			

\*includes the climb up Whiteface Mt is an out and back and can be easily avoided.

513 miles 86 miles per day 18,700' of climbing averaging 3,116' per day

## Week Three Seven Gaps and 1 Terrible Mountain Itinerary

DATE	START	FINISH	MILES	CLIMBING
7/26/2014	Arrive in Burlington	Check In	Ride to Ben and Jerry's for Ice Cream**	
7/27/2014	Burlington	Quechee	92	4600'
7/28/2014	Quechee	Ludlow	68	7500'
7/29/2014	Ludlow	Rutland	74	5800'
7/30/2014	Rutland	Sugarbush	75	>3500'
7/31/2014	Sugarbush	Sugarbush	112	9000'
8/1/2014	Sugarbush	Burlington	~80	3000'
8/2/2014	Everyone departs for home			

500 miles 82 miles per day 33,400' of climbing averaging 5,550' per day

\*\*Every Saturday the ride to Ben and Jerry's in Waterbury, VT will be a treat!  
This 56 mile round-trip ride is to the best ice cream place on the planet.  
<http://www.benjerry.com/scoop-shops/factory-tours>

Longer riders are also available between weeks for riders staying over!